

Rockwell Collins Rec Center

ZAGRATA 5K Run/Walk

2009 Results

Complete results are listed below.

OVERALL WINNERS

5K Run 1st overall male: Nathan Hopp 15:55

5K Run 2nd overall male: Kevin Denn 17:19

5K Run 3rd overall male: Jeff Nietert 17:45

5K Run 1st overall female: Laura Decker 22:19

5K Run 2nd overall female: Vivian Denge 23:32

5K Run 3rd overall female: Courtney Stegall 23:34

5K Walk overall male: Steve Deines 31:11

5K Walk overall female: Linnea Martin 31:13

ZANIEST Dressed Participant: Valeria Bauer "Bushwacker"

AGE GROUP WINNERS

Female 5K Run

15 & U: Courtney Zeets 28:16; Alisa Gerhold /Kelsey Malloy 29:21 (tie)

20-29: Sheena Eichwald 24:54; Sarah Nolte / Jessica Stagg 25:15 (tie); Jennet Volden 25:37

30-39: Suzanne Ramsey 25:25; Michelle Kimm 26:08; Julie Hoffman 27:41

40-49: Kristy Butterfield 25:24; Susan Twachtmann 27:54; Julie Kraft 28:02

50-59: Rhonda Stallman 27:44; Therese Stanton 30:18; Connie Kraft 30:31

Male 5K Run

15 & U: Dustin Busch 25:20; Khory Nobles 25:23; Nicholas Standefer 27:30

20-29: Leo Buzalsky 20:50; Jose Ramos 23:01; Samuel lee/Eric Lai 23:52 (tie)

30-39: Stephen Szewc 22:32; Jeremy Wieland 23:46; Brad Runyan 24:28

40-49: Eric Busch 18:02; Michael Hughes 19:28; Pat Felton 21:22

50-59: David Robertson 19:24; Mike Nurre 19:46; Mark Ramsey 22:35

60-69: Don Utsinger 22:17; Dennis Robertson 27:05

70-79: Al Siemering 23:01; John Leland 25:42

Female 5K Walk

15 & U: Sarah Chinsky 48:15

20-29: Trisha Murphy 53:59

40-49: Lisa Lamb 36:37; Jing Chen 46:37; Lorna Richards 51:52

50-59: Peg Sabin 39:13; Judy Flach 44:20; Denise Lloyd-Lawrence 51:03

60-69: Jean Erickson 39:12; Jean Sweat 41:40; Nancy Canady 42:27

70-79: Jan Barnum 45:42; Norita Lundgren 54:09

80+: Dorothea Daniels 58:06

Male 5K Walk

15 & U: Paul Chinski, Jr. 39:00

40-49: Todd Stonebarger 36:13; Ray Richards 51:53

50-59: Paul Chinski, Sr. 48:13

60-69: Wayne Seagren 33:16; John Leeson 41:17; Keith Erickson 42:16

70-79: Dean Barnum 41:11; Larry Lundgren 54:09

COMPLETE RESULTS

ZAGRATA 5K Results 2009					
<i>NAME</i>	<i>AGE</i>	<i>SEX</i>	<i>TIME</i>	<i>AGE PLACE</i>	<i>RACE</i>
Nathan Hopp	20-29	M	15:55	1 st Overall	R
Kevin Denn	20-29	M	17:19	2 nd Overall	R
Jeff Wietert	40-49	M	17:45	3 rd Overall	R
Eric Busch	40-49	M	18:02	1 st	R
David Robertson	50-59	M	19:24	1 st	R
Michael Hughes	40-49	M	19:28	2 nd	R
Michael Nurre	50-59	M	19:46	2 nd	R
Leo Buzalsky	20-29	M	20:50	1 st	R
Pat Felton	40-49	M	21:22	3 rd	R
Doug Thompson	40-49	M	22:05		R
Don Utsinger	60-69	M	22:17	1 st	R
Laura Decker	40-49	F	22:19	1 st Overall	R
Stephen Szewc	30-39	M	22:32	1 st	R
Mark Ramsey	50-59	M	22:35	3 rd	R
Jun Yang	50-59	M	22:39		R
Jose Ramos	20-29	M	23:01	2 nd	R
Al Siemering	70-79	M	23:01	1 st	R
Mark Zimmer	50-59	M	23:14		R
Vivian Denge	20-29	F	23:32	2 nd Overall	R
Courtney Stegall	20-29	F	23:34	3 rd Overall	R
Phil Decker	40-49	M	23:47		R
Jeremy Wieland	30-39	M	23:46	2 nd	R
Samuel Lee	20-29	M	23:52	3 rd (tie)	R
Eric Lai	20-29	M	23:52	3 rd (tie)	R
Dan Wolfe	30-39	M	24:23		R
Brad Runyon	30-39	M	24:28	3 rd	R
Dave Radack	30-39	M	24:35		R
Sheena Eichwald	20-29	F	24:54	1 st	R
Sarah Nolte	20-29	F	25:15	2 nd (tie)	R

Jessica Stagg	20-29	F	25:15	2 nd (tie)	R
Dave Hughes	40-49	M	25:18		R
Dustin Busch	15 & U	M	25:20	1 st	R
Khory Nobles	15 & U	M	25:23	2 nd	R
Kristy Butterfield	40-49	F	25:24	1 st	R
Suzanne Ramsey	30-39	F	25:25	1 st	R
Albert Stuppi	40-49	M	25:26		R
Neil Foley	50-59	M	25:27		R
Jennet Volden	20-29	F	25:37	3 rd	R
Joseph Knight	50-59	M	25:40		R
John Leland	70-79	M	25:42	2 nd	R
Caitlin Reicks	20-29	F	25:46		R
Greg Voight	30-39	M	25:58		R
Michelle Kimm	30-39	F	26:08	2 nd	R
Marc Lundgren	40-49	M	26:36		R
Todd Twachtmann	40-49	M	26:58		R
Dennis Richardson	60-69	M	27:05	2 nd	R
Nicholas Standefer	15 & U	M	27:30	3 rd	R
Jack Standefer	40-49	M	27:35		R
Julie Hoffmann	30-39	F	27:41	3 rd	R
Rhonda Stallman	50-59	F	27:44	1 st	R
Susan Twachtmann	40-49	F	27:54	2 nd	R
Julie Kraftq	40-49	F	28:02	3 rd	R
Jennifer Aarni	20-29	F	28:05		R
Scott Gerhold	40-49	M	28:09		R
Kelly Yerke	20-29	F	28:14		R
Courtney Zeets	15 & U	F	28:16	1 st	R
Rob Goyer	30-39	M	28:19		R
Steve Zeets	30-39	M	28:22		R
Tyler Speidel	20-29	M	28:23		R
Megan Twachtmann	20-29	F	28:36		R
Alisa Gerhold	15 & U	F	29:21	2 nd (tie)	R
Kelsey Malloy	15 & U	F	29:21	2 nd (tie)	R
Brian Reynolds	40-49	M	30:12		R

Tom Lemke	30-39	M	30:13		R
Jon Andersen	15 & U	M	30:16		R
Therese Stanton	50-59	F	30:18	2 nd	R
Amy Burge	30-39	F	30:22		R
Erin Gilson	20-29	F	30:23		R
Lorene Anderson	20-29	F	30:26		R
Benjamin Anderson	20-29	M	30:27		R
Connie Kraft	50-59	F	30:31	3 rd	R
Chris Ludwig	40-49	M	31:02		R
Tamara Szewc	40-49	F	31:05		R
Steve Deines	50-59	M	31:11	1 st Overall	W
Linnea Martin	50-59	F	31:13	1 st Overall	W
Sean Henry	15 & U	M	32:43		R
Steve Henry	30-39	M	32:44		R
Brad Steele	20-29	M	33:09		R
Sarah Dekarske	20-29	F	33:15		R
Wayne Seagren	60-69	M	33:16	1 st	W
Dawn Radack	3039	F	33:24		R
Tracie Walker	40-49	F	33:25		R
Val Bauer "Bushwacker"	50-59	F	34:26	ZANY Winner	R
Jaime Zeets	20-29	F	35:19		R
MaryKaye Nath	40-49	F	35:54		R
Vicki Nath	50-59	F	35:55		R
Todd Stonebarger	40-49	M	36:13	1 st	W
Lisa Lamb	40-49	F	36:37	1 st	W
Paul Chinski, Jr	15 & U	M	39:00	1 st	W
Kathie Gonzales	30-39	F	39:04		R
Jean Erickson	60-69	F	39:12	1 st	W
Peg Sabin	50-59	F	39:13	1 st	W
Heather Hawxby	20-29	F	40:17		R
Dean Barnum	70-79	M	41:11	1 st	W
John Leeson	60-69	M	41:17	2 nd	W
Jean Sweat	60-69	F	41:40	2 nd	W
Keith Erickson	60-69	M	42:16	3 rd	W

Nancy Canady	60-69	F	42:27	2 nd	W
Judy Flach	50-59	F	44:20	2 nd	W
Jan Barnum	70-79	F	45:42	1 st	W
Jing Chen	40-49	F	46:37	2 nd	W
Paul Chinski, Sr.	50-59	M	48:13	1 st	W
Sarah Chinski	15 & U	F	48:15	1 st	W
Denise Lloyd-Lawrence	50-59	F	51:03	3 rd	W
Lorna Richards	40-49	F	51:52	3 rd	W
Ray Richards	40-49	M	51:53	2 nd	W
Linda Dearinger	60-69	F	52:31		W
Becky Steele	50-59	F	52:32		W
Terri Fritcher	40-49	F	53:59		W
Trisha Murphy	20-29	F	53:59	1 st	W
Norita Lundgren	70-79	F	54:09	2 nd	W
Larry Lundgren	70-79	M	54:09	2 nd	W
Dorothea Daniels	80-89	F	58:06	1 st	W
Kids Fun Run 19 Finishers: (from 1 year to 12 years of age) Gabby Barnes, Grant Barnes, Levi Benesh, Mia Denge-Hagen, Dylan Gaetta, Nathan Goyer, Celia Lesmeister, Franklin Lesmeister, Gaberal Nickels, Linday Radack, Ryley Radack, Ashley Schaldecker, Adriana Stuppi, Christine Stuppi, Hannah Stuppi, Nicholas Stuppi, Kellen Volden, Lucas Volden, Collin Zeets					

Participants who registered for the event but had unavoidable conflicts on race day:

Sue Dietz, Angela Wiegand and Bill Stewig (Challenge Club Credit)

Marlene Golinvaux, Rachel Hune, Bill Oliver, Heather Phister, Daren Schumaker, Brian Swenson, Deret Tullin, Lisa Washburn and Angie Wilhmi