

Rockwell Collins Rec Center
ZAGRATA 5K Run/Walk
2011 results

Complete results are listed below.

Rockwell Collins Rec Center
2011 ZAGRATA 5K Results

OVERALL WINNERS

5K Run 1st overall male: *Nathan Hopp 16:07*
5K Run 2nd overall male: *Wade Ashlock 19:52*
5K Run 3rd overall male: *Mario Czarnomski 20:17*

5K Run 1st overall female: *Tiffany Czarnomski 20:16*
5K Run 2nd overall female: *Jodee Ross 20:55*
5K Run 3rd overall female: *Kaci Maire 24:19*

5K Walk overall male: *Steve Deines 31:41*

5K Walk overall female: *Kathi Michaels 35:37*

Female 5K Run

20-29: *Katie Allen 26:35, Katy Heater 29:08, Amber Nevland 29:44*
30-39: *Lonna Grimm 25:08, Jessica Pfeiffer 27:01, Cheri Oler 27:19*
40-49: *Jodi Weiss 25:45, Jackie Brown 26:45, Monica Ryan-Rausch 27:30*
50-59: *Lois Coates 27:20, Connie Craft 31:36, Dawn Rowe-Morling 31:51*
60-69: *Melissa Fogle 32:04*
70-79: *Sue Dietz 54:31*

Male 5K Run

15 & U: *Brett Willhite 22:40, Bryan Castek 23:36, Ryley Radack 26:11*
20-29: *Leo Buzalsky 22:24, Raylin Nevland 22:52, Daniel Pfeiffer 25:12*
30-39: *Dave Radack 22:24, Noah Banwarth 22:31, Jon Freesmeier 23:43*
40-49: *Bill Higgins 21:26, Steve Keehner 23:46, Jeff Norton 23:58*
50-59: *Greg Reynolds 20:23, Phil Stickland 20:52, Mark Zimer 22:08*
60-69: *Norm Arons 22:13, Mark Ramsey 24:33, Tom Fogle 26:08*

Female 5K Walk

16-19: *Lauren Malenfant 47:41*
20-29: *Stephanie Malenfant 43:14*
30-39: *Melissa Reynolds 40:41*
40-49: *Marisa Stephenson 54:03*
50-59: *Angela Malenfant 43:11*
60-69: *Jean Erickson 41:52*
70-79: *Jean Sweat 42:00*

Male 5K Walk

40-49: *Ashley Wagel 55:20*
50-59: *Johne Malenfant 47:42*
60-69: *Wayne Seagren 33:24*
70-79: *Dean Barnum 41:50*
80 & O: *Hugo Kann 41:57*

COMPLETE RESULTS

ZAGRATA 5K Results 2011					
<i>NAME</i>	<i>AGE</i>	<i>SEX</i>	<i>TIME</i>	<i>AGE PLACE</i>	<i>RACE</i>
Nathan Hopp	20-29	M	16:07	1 st Overall	R
Wade Ashlock	30-39	M	19:52	2 nd Overall	R
Tiffany Czarnomski	20-29	F	20:16	1 st Overall	R
Mario Czarnomski	20-29	M	20:17	3 rd Overall	R
Greg Reynolds	50-59	M	20:23	1 st	R
Phil Stickland	50-59	M	20:52	2 nd	R
Jodee Ross	20-29	F	20:55	2 nd Overall	R
Bill Higgins	40-49	M	21:26	1 st	R
Mark Zimmer	50-59	M	22:08	3 rd	R
Norm Arons	60-69	M	22:13	1 st	R
Dave Radack	30-39	M	22:24	1 st	R
Noah Banwarth	30-39	M	22:31	2 nd	R
Brett Willhite	15 & U	M	22:40	1 st	R
Leo Buzalksy	20-29	M	22:43	1 st	R
Raylin Nevland	20-29	M	22:52	2 nd	R
Bryan Castek	15 & U	M	23:36	2 nd	R
Jon Freesmeier	30-39	M	23:43	3 rd	R
David Hardinger	50-59	M	23:44		R
Steve Keehner	40-49	M	23:46	2 nd	R
Jeff Norton	40-49	M	23:58	3 rd	R
Kaci Maire	20-29	F	24:19	3 rd Overall	R
Mark Ramsey	60-69	M	24:33	2 nd	R
Mark Brown	40-49	M	24:39		R
Doug Castek	40-49	M	24:41		R
Lonna Grimm	30-39	F	25:08	1 st	R
Daniel Pfeiffer	20-29	M	25:12	3 rd	R
Kevin Reynolds	40-49	M	25:40		R
Jodi Weiss	40-49	F	25:45	1 st	R
Tom Fogle	60-69	M	26:08	3 rd	R

Ryley Raddack	15 & U	M	26:11	3 rd	R
Andrew Ross	30-39	M	26:23		R
Katie Allen	20-29	F	26:35	1 st	R
Craig Elliott	50-59	M	26:44		R
Jackie Brown	40-49	F	26:45	2 nd	R
Jesse Fisher	30-39	M	27:00		R
Jessica Pfeiffer	30-39	F	27:01	2 nd	R
Dan Burg	20-29	M	27:02		R
Cheri Oler	30-39	F	27:19	3 rd	R
Lois Coates	50-59	F	27:20	1 st	R
Monica Ryan-Rausch	40-49	F	27:30	3 rd	R
Jacqueline Smith	40-49	F	27:33		R
Marc Lundgren	40-49	M	27:35		R
Joseph Knight	50-59	M	28:17		R
Reid Coates	15 & U	M	28:22		R
Ashley Coates	30-39	F	28:35		R
Michele Freesmeier	30-39	F	28:45		R
Megan Heater	30-39	F	29:08		R
Katy Heater	20-29	F	29:08	2 nd	R
Mike Heater	40-49	M	29:09		R
Don Kearney	30-39	M	29:12		R
Fred Spinner	40-49	M	29:29		R
Todd Twachtmann	40-49	M	29:39		R
Amber Nevland	20-29	F	29:44	3 rd	R
Dawn Radack	30-39	F	30:06		R
Meredith Cain	20-29	F	30:09		R
Jess Carey	20-29	F	30:25		R
Nicole Krajnorvich	30-39	F	30:28		R
Mary Kaye Nath	40-49	F	30:49		R
Jennifer Jacobson	40-49	F	31:10		R
Megan Twachtmann	20-29	F	31:34		R
Susan Twachtmann	40-49	F	31:35		R
Connie Craft	50-59	F	31:36	2 nd	R
Steve Deines	60-69	M	31:41	1 st Overall	W

Dawn Rowe-Morling	50-59	F	31:51	3 rd	R
Melissa Fogle	60-69	F	32:04	1 st	R
Patricia Theisen	50-59	F	32:24		R
Jesse Maire	20-29	F	33:00		R
Jim Gregory	30-39	M	33:05	1 st	R
Amy Gregory	30-39	F	33:13	1 st	R
Wayne Seagren	60-69	M	33:24	1 st	W
Kathi Michaels	50-59	F	35:37	1 st Overall	W
Amber Matz	30-39	F	36:29		R
Randy Matz	30-39	M	36:30		R
Shawna Wiebel	40-49	F	37:20		R
Amy Buzalsky	30-39	F	38:51		R
Melissa Reynolds	30-39	F	40:41	1 st	W
Keith Erickson	60-69	M	41:46		W
Dean Barnum	70-79	M	41:50	1 st	W
Jean Erickson	60-69	F	41:52	1 st	W
Hugo Kann	80 & O	M	41:57	1 st	W
Jean Sweat	70-79	F	42:00	1 st	W
Stephanie Malenfant	20-29	F	43:14	1 st	W
Angela Malenfant	50-59	F	43:14	1 st	W
Judy Flach	60-69	F	43:24		W
Bill Stewig	70-79	M	44:11		W
Jan Barnum	70-79	F	44:13		W
Denise Willhite	50-59	F	45:36		W
Kara Burg	20-29	F	47:32		W
Terry Arons	50-59	F	47:32		W
Lauren Malenfant	16-19	F	47:41	1 st	W
John Malenfant	50-59	M	47:42	1 st	W
Lea Olson	30-39	F	47:59		R
Kimberly Blair	30-39	F	49:00		R
Linda Dearing	60-69	M	51:12		W
Becky Steele	50-59	F	51:13		W
Steve Morling	50-59	M	53:20		W
Marisa Stephenson	40-49	F	54:03		W

Sue Dietz	70-79	F	54:31	1st	R
Ashley Wagel	40-49	M	55:20	1st	W
Kristie Mattson	40-49	F	57:27		W
Jerry Matson	50-59	M	57:27		W

Congratulations to all 17 Kids Racers!

Levi Benesh
Cooper Drey
Claire Freesmeier
Nathan Freesmeier
Dylan Gaeta
Zoey Grimm
Elliot Maire
Maddelin Maire
James Mattson
Tanner Stockert
Kellen Volden
Lucas Volden
Libbie Werner
Tessa Werner
Hayden Weber
Lilly Weber
Maxx Weber

Rec Center members who had unavoidable conflicts on race day but ran/walked the course early for event credit. Norita Lundgren, Larry Lundgren, JoAn Peterson