

O.U.T.

OUTDOOR

ULTIMATE

TRAINING

NEW! Monday thru Thursday

5:15 pm – 6 pm

Starts July 12th

Meet at lot north of Rec Center

\$1 per person

Get outside and expect the unexpected in this unconventional cross training class. No matter what your level of fitness, you will have fun and get a great workout!

Rockwell Collins employees and family members 18 and up are welcome to attend. For more information please contact Adam or Lindsay at 295-2552.