



MAX10



## MAX10 HAS YOUR NEW YEARS RESOLUTION SOLUTION!

NEEDING SOMETHING DIFFERENT? DO YOU  
NEED SOMEONE TO PUSH YOU? DO YOU NEED  
SOME GUIDANCE IN YOUR NUTRITION?

**Sign-Up NOW!!!**

**Classes begin January 9th, 2011.**

- Classes M-FR at 5:30 a.m., 6:30 a.m., 11:30 a.m., 4:30 pm.
- Saturday class at 10:15 a.m.

[www.max10fit.com](http://www.max10fit.com)



**Rockwell  
Collins**